



FFSC

Fidlers Ferry Sailing Club



Enquiries email ffscrtc@gmail.com or Telephone 07703 176 447

RYA First Aid 1 Day Course
Saturday 3 March 2018 0845-1700
£37.00
FFSC Members £25

Hi Folks,

We will be running an RYA First Aid Course at Fidlers Ferry Sailing Club. The course will aim to meet our requirements as sailors focusing on the problems we face on the water in boats. The first part of the day covers the immediate care we need to be able to give in any life threatening situation. On rivers and coastal waters it can take many hours for help to reach us, or for us to reach help, and we may be caring for an injured person for some time, we will look at some aspects of this situation.

This course is accepted by RYA for Instructor qualifications.

Please arrive on time so we can finish on time. Drinks will be available on arrival and throughout the day but you will need a packed lunch. Manual included in cost.

You will be participating in practical activities so please come dressed so you can work on casualties, or play at being one, on the floor or in a boat ashore.

Your place on the course will be confirmed on receipt of:-

A BACS payment to C Hinkins. Sort code 07-01-16 Account No. 13296363. Please include your name as reference. Fidlers Members

If you wish to book a place please return the attached booking form.

Please let me know if you charter and would like to undertake an extra session for use of Category C Medical stores as found in coded vessels.

Best regards

Craig

RYA First Aid Instructor R99346



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Booking Form

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Full name as you wish it to appear on your certificate,

DoB

Which club you sail with,

Home address,

Post code

.....

Phone number

Next of kin name and their contact phone number on the day

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Any special needs you have we should be aware of.

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I understand I will be participating in practical activities so I will come dressed so you can work on casualties, or play at being one, on the floor or in a boat ashore.

Signed.....